



**XXI CANOE AND KAYAK INTERNATIONAL RACE ROVIGO – LONG DISTANCE
ROVIGO – PORTICCILO TURISTICO – River Canalbiano – 3rd April 2010**



PLACE: ROVIGO “Porticciolo Turistico” River Canalbiano small port

DATE: 3rd April 2010

ORGANIZING COMMITTEE: GRUPPO CANOE POLESINE
Viale delle Industrie 55
45100 ROVIGO
Mob 0039 340 4124924
e-mail: info@canoepolesine.com
web : www.canoepolesine.com

COMMITTEE CHAIRMAN: Federico Simonetta

RULES: in agreement with the Italian Sprint Technical Rules and Regulation

Racing Officials: appointed by the Italian Canoe Kayak Federation

TIMEKEEPERS: provided by the Regional Committee of the Italian CK Federation

ENTRIES: to be lodged at the Organizing Committee by 19h00 of Tuesday 30th March 2010 via e-mail: info@canoepolesine.com . Entry fees will be of 2,00€ for under 14 paddlers, 5,00€ Youth, Junior and Senior, 10,00€ masters. Each fee is for paddler/race (substitutes not included) to be paid directly to the Organizing Committee.

WITHDRAWALS: The Organizing Committee should be informed about any withdrawals not later than 12h00 p.m. on Thursday 1st April 2010 via e-mail: info@canoepolesine.com

On Saturday 3rd April 2010 from 08h00 to 09h00 a.m. all Team Leaders are kindly requested to pay their entry fees at the office of the Organizing Committee, C.N.Remiero Gr.Canoë Polesine, Porticciolo Turistico Integrato - Rovigo.

RACES:

men

Aged 15-16 -JUNIOR-SENIOR-MASTER Mt. 5000 per K1, K2, C1,C2
Aged 11-12 K420, Aged 13-14 K1, C1 420 mt.2000
Aged 9-12 K420 Mt 200
Paddle Ability K1 Mt 2000

women

Aged 15-16-JUNIOR-SENIOR-MASTER mt. 5000 per K1, K2
Aged 11-12 K420, Aged 13-14 mt.2000
Aged 9-12 Mt 200
Paddle Ability K1, Mt 2000

For paddlers aged between 8 and 12 the use of a buoyancy aid is mandatory.

WATER COURSE – artificial channel, relatively protected from wind, minimum stream artificially regulated. Carriage on both riverside that allows to follow athletes from the road during both training and race.

RACE TIMETABLE:

Saturday 3 rd April 2010							
K2	Age 15-16	MEN	09,30	C1	SENIOR	MEN	11,45
K1	Age 15-16	MEN	09,33	K2	MASTER	MEN	12,30
K2	Age 15-16	WOMEN	09,36	K1	MASTER	MEN	12,33
K1	Age 15-16	WOMEN E	09,39	K2	MASTER	WOMEN	12,36
C2	Age 15-16	MEN	09,42	K1	MASTER	WOMEN	12,39
C1	Age 15-16	MEN	09,45	C2	MASTER	MEN	12,42
K2	JUNIOR	MEN	10,30	C1	MASTER	MEN	12,45
K1	JUNIOR	MEN	10,33	K1	Age 13	MEN	14,00
K2	JUNIOR	WOMEN	10,36	K420	Age 9-12	WOMEN	14,15
K1	JUNIOR	WOMEN	10,39	K1	Age 13	WOMEN	14,30
C2	JUNIOR	MEN	10,42	K1	Age 14	MEN	14,45
C1	JUNIOR	MEN	10,45	K420	Age 9-12	MEN	15,00
K2	SENIOR	MEN	11,30	K1	Age 14	WOMEN	15,15
K1	SENIOR	MEN	11,33	C1 420	Age 13	MASCHILE	15,30
K2	SENIOR	WOMEN	11,36	C1 420	Age 14	MASCHILE	15,45
K1	SENIOR	WOMEN	11,39	K420	Age 9-10 MASCHILE E FEMMINILE		16.00
C2	SENIOR	MEN	11,42	K1	DISABLE KAYAK		16.15

AWARDS CEREMONY AT THE END OF EACH RACE

FINAL RACE TIMETABLE WILL BE HANDED OUT TO ALL TEAM LEADERS AT THE ACCREDITATION.

FOR WHATEVER NOT INCLUDED IN THIS DOCUMENT, THE TECHNICAL RULES & REGUION FOR RACING COMPETITIONS OF THE ITALIAN CANOE AND KAYAK FEDERATION WILL BE APPLIED.

Daniela Sebastiani
Secretary General

Luciano Buonfiglio
President

FURTHER INFORMATION

TRAINING FACILITIES – in the days immediately before the competition, all facilities will be available for TRAINING CAMPS.

Considering weather conditions which are usually corresponding to the period, participating paddlers are advised to wear winter clothing

ACCOMODATION AND MEALS - RESERVATION COMPULSORY Please make your booking in due time and mention “Gruppo Canoe Polesine” in order to achieve special prices.

Hotel Europa***

- € 45,00 single room, one night, continental breakfast included
- € 60,00 double room, one night, continental breakfast included
- € 75,00 triple room, one night, continental breakfast included

Best Western Hotel Cristallo***

- € 55,00 single room, one night, continental breakfast included
- € 60,00 double room, one night, continental breakfast included
- € 75,00 triple room, one night, continental breakfast included
- € 100,00 quadruple room, one night, continental breakfast included.

Special price for dinner, only for Hotel Europa***

- *First main course*
- *Second main course*
- *Side course*
- *Water*
- **€ 12,00 per person**

Info Hotels

BEST WESTERN HOTEL CRISTALLO***

Viale Porta Adige 1 45100 Rovigo Italy
Tel. +39 0425 30701 Fax +39 0425 31083

HOTEL EUROPA***

Viale Porta Po 92 45100 Rovigo Italy
Tel. +39 0425 474797 Fax +39 0425 474888

<http://www.rovigohotel.com/>

HOW TO GET HERE:

BY PLANE: Venezia, Verona and Bologna airport are all within 80km from Rovigo.
Shuttle service from/to airport available if requested.

BY TRAIN: Rovigo railways station (5km).
Shuttle service from/to rail station available if requested.

BY CAR: **From Milano** (220km) motorways A4 MI-VE to Venezia.
From junction Verona South, follow to SS 434 “Transpolesana” up to Rovigo, then follow “dogana iterporto” at the roundabout.
From Bologna (80km) and from **Venezia** (80km) exit **Rovigo Sud – Villamarzana junction**, proceeding to Rovigo and then follow “dogana iterporto” at the roundabout.